Moral, Ethical and Responsive Care for Wellbeing in Family-Centered Infant Toddler Programs

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Support families in optimizing healthy growth, development, learning & wellbeing of their infants & toddlers
You know it when you experience it...
...and when you experience something completely different, it makes you think.
Best Practices in Infant Toddler Care

HOLISTIC, INCLUSIVE, RELATIONSHIP-BASED PERSPECTIVE
ALL babies and ALL families matter
Supportive caring relationships matter.
A holistic understanding of each individual matters.
The past, present and future matter.
THUS, Infants and toddlers in group care need policies, practices and structures that support...
GROWING UNDERSTANDING OF CENTRALITY OF WELLBEING IN QUALITY

But, what is wellbeing?
“In case it becomes necessary to use oxygen masks, and you are traveling with a small child, put on your own mask, and then put on your child’s.”
The capacity of the caregiver to respond impacts development of the baby.

Edward Tronick’s Face-to-Face Experiment
Thus, the *Wellbeing* of the Babies depends upon the *Wellbeing* of Adult Caregivers.
Infants and toddlers AND THEIR CAREGIVERS in group care need policies, practices and structures that support...
Considering Existing Scholarship

SUPPORTING A MODEL OF WELLBEING
Perspectives on Wellbeing

- Physical
- Emotional
- Mental
- Relational
- Spiritual
- Economic
- Environmental
My Current Thinking

Dyadic Care Theories

General Wellbeing

Caregiver Wellbeing

Dyadic Care Theories

‘Caring for the Many’

Relationship-Based B-3 Care

Work Place Satisfaction, Caregiver Burnout

Personal Experience & Research

My Current Thinking

Relational Systems Theories

THEORETICAL FRAMEWORK
Wellbeing in Group Care

A ‘state of being’ for adult caregivers and babies in group childcare in which they feel and are generally well overall in terms of physical and psychological health and safety, emotional stability and soundness, and experience general satisfaction in activities and relationships within the group.
Model of Wellbeing in Caring Systems
Evidenced-based Senses of Being

9 ‘SENSES OF’ WELLBEING
Sense of Contentment
Sense of Security

TRUST  SAFETY  HEALTH
RESPONSIVENESS TO NEEDS
BELONGING  WARMTH  AFFECTION  FRIENDSHIP  COLLEGIALLY

Sense of Affinity
DIGNITY  HONORING  VALUING  RESPECT  INCLUSION

Sense of Self-Respect
Sense of Communication

MINDFULNESS  RESPONSIVENESS
EMPATHY  MEANINGFUL CONVERSATION
Sense of Engagement

INTERESTING THINGS TO DO
TIME TO FOCUS    ACCESS TO RESOURCES
INTELLECTUAL & PHYSICAL CHALLENGE
Contribution

RECOGNITION OF TALENTS  INITIATIVE
RESPONSIBILITY  OPPORTUNITIES
IMPORTANT TASKS  MEANINGFUL ROLES
Sense of Efficacy

Satisfaction  Confidence  Competence  Encouragement  Celebration
Sense of Agency

EMPOWERMENT     CHOICE     FREE WILL
PARTICIPATION IN DECISION-MAKING
Contentment  Security  Affinity
Self-Respect  Communication
Engagement  Contribution
Efficacy     Agency
Why Care?

BENEFITS OF WELLBEING
Consistency
Resilience
Why is the wellbeing of infants & toddlers and their caregivers a moral and ethical concern?