Pathways to Child Flourishing  
September 26-30, 2014  

Part One: Nurturing Families, Flourishing Children  
Focused on Parents and Practitioners  

September 26-28, 2014  

University of Notre Dame Conference Center  
McKenna Auditorium (unless otherwise noted)  

Friday, September 26  

7:00 pm  Gathering, refreshments, and an entertaining stand-up comedy viewing of Jim Gaffigan's “Mr. Universe.”  

8:30 – 10:00 pm  The Milky Way, a film by, for, and about women, a documentary exposé about breastfeeding that shows how women can reclaim their birthright and restore the nursing mother archetype. It illuminates the knowledge that inherently resides in every woman, how to access that knowledge and how to trust what we already know. It is a film that inspires women to say, “I can do that!” “I want to do that!”  

Saturday, September 27  

8:00-10:00 am  Life Giving: Mindful Beginnings (Preparation, Birth, Breastfeeding, Touch)  

Lu Hanessian, Author, Educator, Founder WYSH - Panelist & Moderator  
Peggy O’Mara, Author, Publisher, Founder Mothering.com & Peggyomara.com  
Kathy Kendall-Tackett, PhD, Psychologist, IBCLC, Founder Praeclarus Press  
Darcia Narvaez, PhD, Psychology, Notre Dame, Moral Landscapes blog  
Lysa Parker, Author, API Cofounder  

10:00-12:00 pm  Daily Life: Caregiving with Attachment in Mind (Responsiveness, Consistent Care, Sleep)  

Lu Hanessian, Author, Educator, Founder WYSH - Panelist & Moderator  
James McKenna, PhD, Mother-Baby Behavioral Sleep Laboratory, Notre Dame, Author  
Isabelle Fox, PhD, Psychotherapist, Author Being There: The Benefits of a Stay-At-Home Parent  
Jay Gordon, MD, Pediatrician, Author Good Nights and Preventing Autism  
Janet Jendron, API Board President  

Revised 9/2/14
1:00-2:30 pm  Changing Lives: Cherishing Parents, Flourishing Children, 20 Years of Attachment Parenting International

Tribute presentation by Sir Richard Bowlby Bt, API Advisory Board Member
William Sears, MD, Pediatrician, Parenting Author Attachment Parenting: 20 Years
Special presentation by Barbara Nicholson and Lysa Parker, API Co-Founders and Co-Authors Attached at the Heart and Janet Jendron, API Board President

3:00-5:00 pm  Life Support: Family Love, Discipline, and Balance (Positive Discipline, Balance)

Lu Hanessian, Author, Educator, Founder WYSH - Panelist & Moderator
Martha Sears, RN, Parenting Author
William Sears, MD, Parenting Authors
Mark Cummings, PhD, Psychology Notre Dame
Barbara Nicholson, Author, API Cofounder

5:00-6:00 pm  Peer Orientation: Why Children Are Stressed, Why Parents and Teachers Are Disempowered and How to Restore a Healthy Balance in Adult-Child Relationships

Gabor Maté, M.D., Co-Author Hold On to Your Kids

7:30 pm  Children's Story Time featuring The Empathy Way reading

8:00 pm  Entertainment and Celebration of API’s 20th Anniversary Event, McKenna Hall featuring Kennedy’s Kitchen

Sunday, September 28, 2014

8:30-10:00 am  Educating Parents for Attachment

Lu Hanessian, Author, Educator, Founder WYSH - Moderator
Barbara Nicholson and Lysa Parker with
Rebecca Thompson, Author, Founder Consciously Parenting Project Community
Michael Mendizza, Author, Founder Touch the Future

10:15-12:00 pm  Community Discussion of Hot Topics and Action Plan

Lu Hanessian, Author, Educator, Founder WYSH - Moderator
Wendy Middlemiss, PhD, Researcher, API Research Group
Art Yuen, API Knowledgebase Coordinator
Cherishing Families, Flourishing Children Panelists