

# Pathways to Child Flourishing

September 26-30, 2014

## Part One: Nurturing Families, Flourishing Children

Focused on Parents and Practitioners

September 26-28, 2014

University of Notre Dame Conference Center  
McKenna Auditorium (unless otherwise noted)

### Friday, September 26

7:00 pm Gathering, refreshments, and an entertaining stand-up comedy viewing of Jim Gaffigan's "Mr. Universe."

8:30 – 10:00 pm *The Milky Way*, a film by, for, and about women, a documentary exposé about breastfeeding that shows how women can reclaim their birthright and restore the nursing mother archetype. It illuminates the knowledge that inherently resides in every woman, how to access that knowledge and how to trust what we already know. It is a film that inspires women to say, "I can do that!" "I want to do that!"

### Saturday, September 27

8:00-10:00 am Life Giving: Mindful Beginnings (Preparation, Birth, Breastfeeding, Touch)

Lu Hanessian, Author, Educator, Founder WYSH - Panelist & Moderator  
Peggy O' Mara, Author, Publisher, Founder Mothering.com & Peggyomara.com  
Kathy Kendall-Tackett, PhD, Psychologist, IBCLC, Founder Praeclarus Press  
Darcia Narvaez, PhD, Psychology, Notre Dame, Moral Landscapes blog  
Lysa Parker, Author, API Cofounder

10:00-12:00 pm Daily Life: Caregiving with Attachment in Mind (Responsiveness, Consistent Care, Sleep)

Lu Hanessian, Author, Educator, Founder WYSH - Panelist & Moderator  
James McKenna, PhD, Mother-Baby Behavioral Sleep Laboratory, Notre Dame, Author  
Isabelle Fox, PhD, Psychotherapist, Author *Being There: The Benefits of a Stay-At-Home Parent*  
Jay Gordon, MD, Pediatrician, Author *Good Nights and Preventing Autism*  
Janet Jendron, API Board President

**1:00-2:30 pm Changing Lives: Cherishing Parents, Flourishing Children, 20 Years of Attachment Parenting International**

Tribute presentation by Sir Richard Bowlby Bt, API Advisory Board Member  
William Sears, MD, Pediatrician, Parenting Author *Attachment Parenting: 20 Years*  
Special presentation by Barbara Nicholson and Lysa Parker, API Co-Founders and Co-Authors *Attached at the Heart* and Janet Jendron, API Board President

**3:00-5:00 pm Life Support: Family Love, Discipline, and Balance (Positive Discipline, Balance)**

Lu Hanessian, Author, Educator, Founder WYSH - Panelist & Moderator  
Martha Sears, RN, Parenting Author  
William Sears, MD, Parenting Authors  
Mark Cummings, PhD, Psychology Notre Dame  
Barbara Nicholson, Author, API Cofounder

**5:00-6:00 pm Peer Orientation: Why Children Are Stressed, Why Parents and Teachers Are Disempowered and How to Restore a Healthy Balance in Adult-Child Relationships**

Gabor Maté, M.D., Co-Author *Hold On to Your Kids*

**7:30 pm Children's Story Time featuring *The Empathy Way* reading**

**8:00 pm Entertainment and Celebration of API's 20th Anniversary Event, McKenna Hall featuring Kennedy's Kitchen**

**Sunday, September 28, 2014**

**8:30-10:00 am Educating Parents for Attachment**

Lu Hanessian, Author, Educator, Founder WYSH - Moderator  
Barbara Nicholson and Lysa Parker with  
Rebecca Thompson, Author, Founder Consciously Parenting Project Community  
Michael Mendizza, Author, Founder Touch the Future

**10:15-12:00 pm Community Discussion of Hot Topics and Action Plan**

Lu Hanessian, Author, Educator, Founder WYSH - Moderator  
Wendy Middlemiss, PhD, Researcher, API Research Group  
Art Yuen, API Knowledgebase Coordinator  
Cherishing Families, Flourishing Children Panelists